



WIC Can Help You Feed Your Family!

Special Supplemental Nutrition Program for **W**omen, **I**nfants and **C**hildren

WHO IS ELIGIBLE:

- Women**
(Pregnant, Breastfeeding, Postpartum)
- Infants**
- Children**
(Under Age 5 Years)

ELIGIBLE HOUSEHOLDS MUST:

1. Meet Income Guidelines
2. Live in Arkansas
3. Complete Nutrition Assessment

Sign up for WIC at your Local County Health Department.



Find out more about WIC and locations available.

INCOME GUIDELINES (Arkansas WIC Program, effective July 1, 2023)

Family/Household Size	1	2	3	4	5
Annual Gross Income	\$26,973	\$36,482	\$45,991	\$55,500	\$65,009

(Add \$9,509 per year for each additional family member.)

WIC Mobile App

Search "my Arkansas WIC"

(FREE App Available at Apple Store & Google Play)



- Check card balance & benefits
- Find eligible WIC foods
- Complete nutrition education
- Get messages from WIC

This institution is an equal opportunity provider.